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english

KAMI SPA, "the gateway to Asia",
a journey through ancient time and cultures,
an unmatched experience.

As you enter the KAMI SPA,
your journey of exploration begins.
Whether exploring (and experiencing)
some of the best that the orient brings,
or just allowing yourself to be pampered
in oriental luxury when personal care
and attention is paramount,
we are sure you will be back for more.
From the obvious visuals of the orient
through to the careful selection
of oriental product for use in treatments
and even the use of oriental essences
to enhance the mood,

the KAMI SPA is your Asian oasis.



GOLDEN PETAL
SCRUBS



description

Bali Coffee Scrub

Javanese coffee beans, natural herbs and yoghurt are the key ingredients to tone up the skin and leave it deeply moisturised, by following the ancient recipe of the traditional Bali coffee scrub.

Lemongrass Scrub

The classic Thai scrub where Lemongrass, *plai* grass roots, *kaffir* oil and marine salt blend together for a unique treatment for the whole body, which effectively removes dead cells and resurfaces the skin.

Bamboo Body Smooth Polish

Typically found in northern China, this potent bamboo leaf extract acts as an extraordinary anti-ageing agent, making this treatment ideal for leaving the skin deeply hydrated and smooth.

duration

60 mins

60 mins

60 mins



description

Cinnamon Clove Body Spice

An ancient Indian recipe consisting of a blend of wonderfully scented spices having a purifying action on the skin, leaving it luminous and young looking.

Wasabi Cream Polish

The root of the Japanese Wasabi plant, combined with sweet almond oil, jojoba oil and milk are the ingredients of this wonderful body cleansing treatment, which revitalises and gives energy to the whole body, after a stressful hard day's work.

duration

60 mins

60 mins



CLOUD'S STRIPES
BODY MASKS



description

Mandi Lulur Herbal Wrap

Traditionally performed on the Island of Java as part of the royal palace pre-nuptial purification ritual, this cleansing treatment for this skin of the body is based on yoghurt, which re-balances skin pH, essential oils, rich in potassium, and rice flour to moisturise and nourish skin.

Gently applied on the body before being wrapped in a soft cotton *sarong*, it allows the active ingredients to be deeply absorbed into the skin. A magnificent treatment for renovating skin.

Thai Tamarind Herbal Mask

The properties of organic acids naturally found in tamarind, rich in vitamins and minerals, are combined with a blend of wild-growing herbs found in the Thai mountains, providing a delicate skin exfoliation and triggering the natural regeneration process of the epidermis. Skin is left purified and invigorated.

duration

60 mins

60 mins



description

Goat Milk

A body mask rich in vitamins. Goat milk, rich in vitamin A, B6, B12, E, and beta-casein, provides strong emollience to the skin, moisturising and nourishing even the driest of skins. It is an excellent treatment for providing relief to sun-damaged skin, sunburn, and to replenish the cutaneous protective lipid layer.

Green Tea Body Cocoon

Sencha, Japanese Green tea, is one of the most powerful natural antioxidants, perfect for oily skin. The purifying properties deeply clean and tone up the skin, leaving it soft and magnificently hydrated.

Lingzhi Body Masque

Ling-zhi (botanical name: *ganoderma lucidum*), also known as the "immortality mushroom", can boast miraculous therapeutic properties. It has been used for centuries in China to naturally strengthen the immune system and relax the nervous system. It is a wonderful *anti-ageing* treatment, having a spectacular *texture*, which leaves the skin soft and delicately scented.

duration

60 mins

60 mins

60 mins



TEN HANDS
MASSAGE FROM THE ASIA



description

Oriental Blend

A unique treatment which combines *thai*, *shiatsu*, *lomi lomi* techniques. Massage on the body is performed using a blend of Asian oils, making this treatment a unique, energy-boosting experience for the body and the mind.

Back & Scalp Massage with Hot Stones 60 mins

A holistic and, at the same time, sophisticated therapy to induce total relaxation thanks to the deep massage performed using hot stones on the neck and the head. Oils used work on muscles and scalp to ease back of the neck tension and soo the headache.

Traditional Thai Massage

Handed down through the Thai culture over the centuries, this traditional therapy has contributed to perception we have of Thailand as the country of "massage".

Free of oils, it is performed through deep pressure massage to warm the muscles and re-establish the body's own energy optimal flow. This ancient massage technique is combined with gentle *stretching* that lets you enter a state of total relaxation.

duration

50 mins

90 mins

with scalp massage

60 mins

60 mins

90 mins

120 mins



description

Herbal Compress Therapy

Being one of the most ancient massage treatments, developed by Buddhist monks who moved from India to Thailand and who were great experts of the therapeutic properties of wild-growing herbs, this treatment is performed by applying a steam-heated herbal compress. The result is the revitalisation of the blood flow and deep relaxation. Ideal treatment for those suffering from muscle pain and inflammation.

Zen Shiatsu Body Massage

Also known as the "Japanese meridians therapy", this highly therapeutic massage provides relief to stress and fatigue by stimulating the classic acupressure points. Even though the beneficial effects are perceived right from the first massage session, to ensure long-lasting benefits we recommend to undergo a series of treatments.

duration

60 mins

60 mins



description

Ming Body Massage with Yin Yang Oil 60 mins

After a brief consultation to trace your profile and ensure the correct use of Yin oil or Yang oil, the goal achieved through this treatment is to harmonise Chi energies, through a massage that stimulates acupressure points and focuses on the body's meridian spots. Any blocks found at the acupressure points get released and the lymphatic system is re-balanced. This highly draining treatment is recommended to reduce swelling and tensions.

AyurLomi Massage

A massage combining ayurvedic experience with the Polynesian *lomi lomi* technique. A few preliminary questions will help to correctly identify your *dosha* and choose the appropriate Indian oil to be applied following the polynesian massage technique. As a result, the body will be both tonified and relaxed at the same time, re-establishing optimal muscle flexibility and correct body posture.

duration

60 mins



description

Aroma Body Massage

Ideal for invigorating us well as relaxing the entire body, the pleasantly strong fragrance provided by *lemongrass* tones up the body, a process triggered through soothing long stroke massage movements.

Balinese Palm Massage

Treat yourself to relax through this traditional Balinese massage technique performed with the palm of the hand and using extra virgin coconut oil. The objective here is to fluidificate blood flow and bring more oxygen to body tissues. The effect is instant, providing relief to muscle tension and intense relaxation to the whole body.

Shirodhara

A gentle yet continuous flow of warm pure sesame oil poured over the so-called "third eye" at the centre of the forehead. Those who regularly undergo this treatment describe it as something that induces a state in between sleep and wake. Strongly recommended to treat insomnia.

duration

60 mins

75 mins

90 mins

description

Hot Stone Therapy

Performed using polished black granite stones to provide a sumptuous treatment, this massage starts by revitalising the body's focal points. Pure rock crystals are placed onto the seven *chakras* to prepare the body for the contact with the heated granite stones. The heat provided by the stones through which massage is performed over the whole body takes you into a state of total bliss, rebalancing both the body and the spirit. This is an excellent therapy to reactivate blood flow, eliminate toxins and soothe pain and fatigue.

Kami Median Line Thai

Kami Thai combines classic *Thai* techniques with *yoga* postures and *stretching*, gently rotating the body and stretching muscles. Fingertips, palm of the hand and forearm are used to generate a harmonious compression, inducing deep and relaxed breathing. Our therapists are highly experienced in working along the body's meridians to balance energy flow, so to ease all muscle tension. The release of endorphins during the treatment provides a deep feeling of well-being.

duration

90 mins

90 mins

description

Kami Spa Signature

Four Hands Hot Stones

A paradise journey throughout your whole body provided through a carefully developed combination of stretching and distension movements. Using hot stones to ease all the tensions and performing massage with Kami oil enriched with natural fragrances will turn this treatment into an unforgettable experience. Two therapists work together simultaneously on your body to involve you in a very special ritual. Ideal treatment to get rid of all kinds of stress.

duration

90 mins



JOURNEY WITHOUT BODY
ASIAN DELIGHT PACKAGES



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journey without body
asian delight packages

description

Java Delights

- Bali Coffee Scrub
- Mandi Lulur Wrap
- Mandi Lulur Bath
- Balinese Palm Massage

duration

3 hr 30 mins

Ming Indulgence

- Bamboo Body Polish
- Lingzhi Body Masque
- Ginseng Honey Soak
- Ming Massage with Yin Yang Oil

3 hrs

Chaopraya Spirit

- Reflexology
- Thai Traditional Massage with Herbal Compress

2hr 30 mins



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journey without body
asian delight packages

description

Zen Package

- Wasabi Cream Polish
- Green Tea Body Cocoon
- Sake Bath
- Zen Shiatsu Massage

duration

3 hr

Maharaja

- Cinnamon Body Spice Scrub
- Goat Milk Lotus Body Wrap
- Shirodhara
- AyurLomi Massage

3 hr 45 mins

The Beauty in You

- Body Scrub of choice
- Body Wrap of choice
- 50 minute Massage of choice
- 75 minute Facial for your skin type
- Deluxe Manicure and Pedicure

4 hr 45 mins



THREE MASKS

ALL ABOUT FACE* by ELEMIS

*Complete a brief questionnaire to determine your dosha, then utilising the Sundari range of products inspired by the principles of Ayurveda, the 5000 year old Indian science of life, we will customise your facial therapy to maximise results.

ADVANCED ANTI-AGEING FACIALS

description

Tri-Enzyme Resurfacing Facial

This ground-breaking anti-ageing facial instantly resurfaces and smoothes the skin. Clinically proven to visibly resurface by up to 75%* and increase skin smoothness by up to 32%* after just 1 treatment, this unique treatment targets blemishes, uneven skin tone, superficial scarring and fine lines, revealing a younger looking skin.

Pioneering the precision layering of 3 targeted enzyme serums, this advanced resurfacing technique safely and effectively removes the thickening layer of the epidermis. Skin is left incredibly clean, smooth and radiant, bringing a renewed level of evenness and clarity to the complexion. Recommended: 1 treatment every 3 weeks - course of 6.

duration

60 mins

Peel away the years for smoother, more radiant skin

*Independent Clinical Trials 2006

description

Visible Brilliance Facial

Independently tested with revolutionary results, this anti-ageing face and eye treatment instantly firms, rejuvenates and plumps skin, whilst helping to reduce dark circles. Moisturisation levels of the skin are proven to increase by up to 61%* and elasticity by 40%* after just 1 treatment. Specialised micro-circulatory massage techniques are combined with powerful formulations and the two-phase Amino Active Mask to help smooth, sculpt and restore skin radiance.

Pro-Collagen Quartz Lift Facial

This exceptional anti-wrinkle facial has been independently tested, with phenomenal results. Clinically proven, after just 1 treatment, this facial reduces the number of wrinkles by up to 94%* and improves skin firmness by up to 57%*. Specialised lifting massage techniques are combined with professional strength anti-ageing formulations for maximum treatment efficacy, leaving a firmer, uplifted, more youthful looking appearance. Recommended: 1 treatment every 3 weeks - course of 6.

duration

75 mins

To combat ageing, stressed and slackened skin.

*Independent Clinical Trials 2004

75 mins

ONE Anti-Wrinkle Facial with Proven Results

*Independent Clinical Trials 2007



ELEMIS SKIN SOLUTIONS FACIALS

description

Oxygen SkinCalm Facial

Gentle massage techniques are combined with calming actives and a restructuring Japanese Silk Mask infused with Absolute SkinCalm Booster Serum, to help rebalance delicate, fragile and sensitive complexions. Helping to relieve redness, this superior face and eye treatment offers immediate comfort to stressed and irritated skin.

duration

75 mins

Pure soothing heaven for sensitive skin.

S.O.S. Purifying Facial

A powerful face and eye treatment that helps regulate and balance the function of the skin. Purifying massage techniques combined with the unique Japanese Sulphur Mask, infused with Absolute Vita-C Booster Serum, help to absorb sebum, calm irritation and rebalance oil-rich pores, leaving a beautiful matt complexion. Recommended: 1 treatment every 4 weeks.

75 mins

A purifying treatment for congested skin.



ELEMIS SKIN SPECIFIC FACIALS

description

Exotic Moisture Dew

Following a specialist facial massage, the skin is fed with thirst-quenching actives that will bring back that healthy, dewy look to the skin.

duration

60 mins

Treat your skin to a moisture boost.

Herbal Lavender Repair

Deep cleansing to draw out skin impurities, this facial will help reduce unwanted shine, refine the pores and treat skin breakouts.

60 mins

For perfect restoration of skin balance.

ADVANCED ANTI-AGEING FACIAL FOR MEN

description

Skin IQ+ Facial

Charged with the clinically proven*, anti-ageing Time Defence Wrinkle Delay and Time Defence Eye Reviver, this treatment is tailored to meet the needs of a hectic lifestyle and to combat the harsh, ageing effects of frequent shaving, environmental pollution and constant travel, giving men the ultimate skin overhaul with maximum anti-ageing results. Recommended: 1 treatment every 4 weeks. Course of 6.

duration

75 mins

Anti-Ageing booster for tired, stressed skin.

*Independent Clinical Trials 2006

ADVANCED PERFORMANCE FACIAL FOR MEN

description

Urban Cleanse Facial

This super-grooming facial works overtime to help eliminate blocked pores, rapidly accelerate skin repair and neutralise impurities. Fast-acting ingredients reduce sensitivity and provide long-lasting defence against the damaging effects of daily pollutants, leaving the skin visibly clear and squeaky clean. Recommended: 1 treatment every 4 weeks.

duration

75 mins

Deep cleanse and complete skin detox.

*Independent Clinical Trials 2004

A dark, atmospheric landscape featuring a person silhouetted on a cliff edge. The scene is dominated by deep shadows and a cloudy sky, with a path or road leading through the foreground. The overall mood is mysterious and adventurous.

TO KNOW TO EXPLORE
HANDS AND FEET



KAMISPA

to know to explore
hands and feet

description

Replenishing Hands Treatment
A blend of essential oils and wild-growing herbs to exfoliate and nourish the skin of the hands, leaving them soft and hydrated.

duration

30 mins

Reflexology

Dip your feet in a crystal release foot bath followed by a classic Thai reflexology massage.

60 mins

Minty Foot Massage

A wonderful treat for tired feet, which are massaged with peppermint and Guava leaf essential oils to get rid of any smell, reactivate circulation and provide relief to muscle pain.

60 mins

A dark, moody photograph of a person's face in a mirror. The image is heavily shadowed, with the person's features appearing as dark shapes against a slightly lighter background. The person's eyes are looking directly at the camera. The overall atmosphere is mysterious and intimate.

THE EYES IN THE MIRROR
SALON



description

duration

Scalp Massage

60 mins

Based on sesame oil and blended with a fragrance of your choice to tone up the scalp and strengthen hair finish with shampoo and blow dry

Manicure Standard
French

Pedicure Standard
French

Set Standard manicure
and pedicure
French manicure
and pedicure



description

duration

Waxing	Lip / chin / brow (each one)	15 mins
	Underarms	20 mins
	Bikini line	20 mins
	Upper legs	30 mins
	Lower legs	30 mins
	Full legs	30 mins
	Half Arms	30 mins
	Full Arms	30 mins
	Half Back	30 mins
	Full Back	50 mins
	Brazilian Wax	30 mins



BASICS

Etiquette

To ensure that guests can enjoy the peaceful environment of KAMI Spa, we respectfully request that all guests keep noise to a minimum. Kindly turn off cellular phones and noise emitting electrical devices.

Arrival

Please arrive at the spa reception at least 15 minutes prior to your scheduled appointment to allow us to prepare you for your treatment. For first time guests, please count in some additional time, so we can familiarize you with our spa. Please understand that late arrivals cannot receive an extension of treatments due to other appointments and specific scheduling.

Reservations

Advance bookings are highly recommended to secure your preferred date and time of treatment.

Cancellation Policy

A 24-hour cancellation notice is required to help us reschedule your appointment, subject to space availability. Please note: any cancellation less than 24 hours before treatment and no-shows will incur a 100% charge.

Special Consideration

Please advise us of any health conditions, allergies, or injuries, which could affect your treatment when making your reservation.

During pregnancy, please allow the Spa Receptionist to guide you in selecting the treatments, which are best suited to you during this special time.

Smoking

We offer a healthy, smoke-free environment for all of our guests.

Valuables

A secure box for valuables is provided in the spa suites and in the changing area, but we recommend that no jewelry be worn at the spa. The management accepts no responsibility for the loss of money or valuables of any kind brought into the spa premises.

For reservations and inquiries, please contact:
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