



SPA
BOSCOLO HOTEL EXEDRA
ROME
[HTTP://EXEDRA.BOSCOLOHOTELS.COM](http://exedra.boscolohotels.com)

Facial

Welcome Ritual _ (30 min)

It helps absorption of active principles making skin ready for treatments

Euro 36,00

Extraordinary Eyes_ (30 min)

hydration, nourishment and tone for Eye-around Area. Swellings and little wrinkles attenuated

Euro 72,00

Up Firming_ (30 min)

more turgidity, elasticity and brightness for eyes-around area and neck.

Euro 60,00

Filling Lips_ (30 min)

lips and lips-around area treatment

Euro 84,00

Collagen Anti-age_ (50 min)

wrinkles and cutaneous spots are attenuated. It gives brightness and uniformity

Euro 138,00

Revitalizing Massage_ (55 min)

specifically designed for mature, stressed or distressed skin. An intensive and set out operation

Euro 84,00

Deep H_ (50 min)

deep hydration for face, neck and décolleté. For every kind of skin

Euro 84,00



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Deep C_ (40 min)

seaweed treatment for atonic and dehydrated skin

Euro 84,00

Blueberry_ (45 min)

for sensitive and irritated skin. It relieves cutaneous flush and couperose

Euro 144,00

Holistic with cold stones_ (1 h 30 min)

energetic flow produces relaxing and invigorating effects

Euro 72,00

Brightening_ (1 h)

ideal for every kind of skin, it has a strong rejuvenating effect and improve the radiance, appearance and texture of skin

Euro 72,00

Body Treatments

Hands and Feet Welcome_ (1 h)

exfoliation treatment, hydrating and refreshing with mandarin essence.

Euro 72,00

Perfect Bust_ (55 min)

tonifying bust. Collagen and elastin fibers rinvigorate skin

Euro 66,00



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Revitalizing Hip and Thigh_ (1 h)

focused on prone to cellulite and fluid retention body areas. At the same time , essential reflex points on feet and eyes area are activated.

Euro 72,00

Cell Reducing_ (55 min)

cellulite treatment based on essential oils with draining, tonifying and rioxigenating properties

Euro 66,00

Fire and Ice_ (55 min)

hot-cold cellulite treatment. It eliminates adipose deposits and helps microcirculation

Euro 66,00

Purifying Mud_ (55 min)

rebalancing and detoxinating treatment. Deep purifying and slimming actions to accelerate metabolism

Euro 66,00

Laminaria Algae_(55 min)

Reducing treatment trough laminaria weed. Perfect to eliminate toxins

Euro 66,00

Herbal Nutrition_ (50 min)

Nourishment from herbal extract. It produces an effective anti-radical operation

Euro 60,00

Oil & Salt_ (30 min)

Sea salt and nutritive essential oils for a gently exfoliation

Euro 36,00



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Soft Wax_

Soft wax treatment with natural ingredients.
For sensitive skin. Ultra soft

Euro 48,00

Massage

Head Massage_ (30 min)

focusing on vital energy points with
aromatherapy oils, stress is reduced

Euro 36,00

Back Massage_ (1 h)

brushing and exfoliation to increase sanguine
circulation and help cell renewal are followed
by aromatherapy massage and warm mud
application.

Euro 72,00

Relaxing Massage_ (50 min)

brushing and exfoliation to increase sanguine
circulation. Essential oils gives perfect relax

Euro 60,00

Aromatherapy Massage_ (1 h 10 min)

body and scalp massage with essential oils.
It focus on acupressure points, reinvigorating
nerve system

Euro 84,00

Holistic Balance_ (1h 55 min)

a welcome feet ritual and a gently exfoliation
are followed by an intensive hot stone therapy

Euro 138,00

Life from Earth_ (1 h 10 min)

from brushing to warm mud. It relieves muscles
aches and relaxes skin and mind. A scalp
massage ends the session

Euro 84,00



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Life from Water_ (1 h 10 min)

purifying and rebalancing. Brushing and exfoliation combined with seaweeds reduce fluid retention.

Euro 84,00

The Gift of Life_ (1 h 10 min)

exfoliation is followed by an application of spices and herbs. It gives a perfect balance between human being and nature

Euro 84,00

Lifing_ (2 h)

designed for maternity and breast-feeding period. Facial and body massage using mud and creams

Euro 144,00

Perfect Mum_ (1 h)

tonifying post maternity treatment. It prevents wrinkles, stretch marks and cutaneous atonicity

Euro 72,00

Programmi

Energy Wave_ (2 h)

A total relaxing experience and revitalizing effects thanks to an application of purifying mud followed by a pleasant head massage

Euro 144,00

Purity_ (2 h 30)

Detoxifying program to reach a complete sense of serenity and vigor, the seaweeds principles accelerates metabolism. Hydration and nourishment for eye-around area help on little wrinkles prevention.

Euro 180,00



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Redention_ (2 h 30)

A total relaxing sensation. Perfect harmony between mind and body thanks to hot stones therapy and a deep facial

Euro 180,00

Peaceful_ (3 h 30)

A complete body treatment to ensure extreme relax through a special hands and feet treatment, a body exfoliation and a soft face and body massage

Euro 250,00

Balance_ (4 h)

To eliminate stress and tensions in order to reach the perfect wellness state. Thanks to warm seaweeds application, to Turkish bath action and to strengthening hydro-massage effects, the session become simply unforgettable. Manicure and pedicure are followed by a facial and a body massage.

Euro 290,00